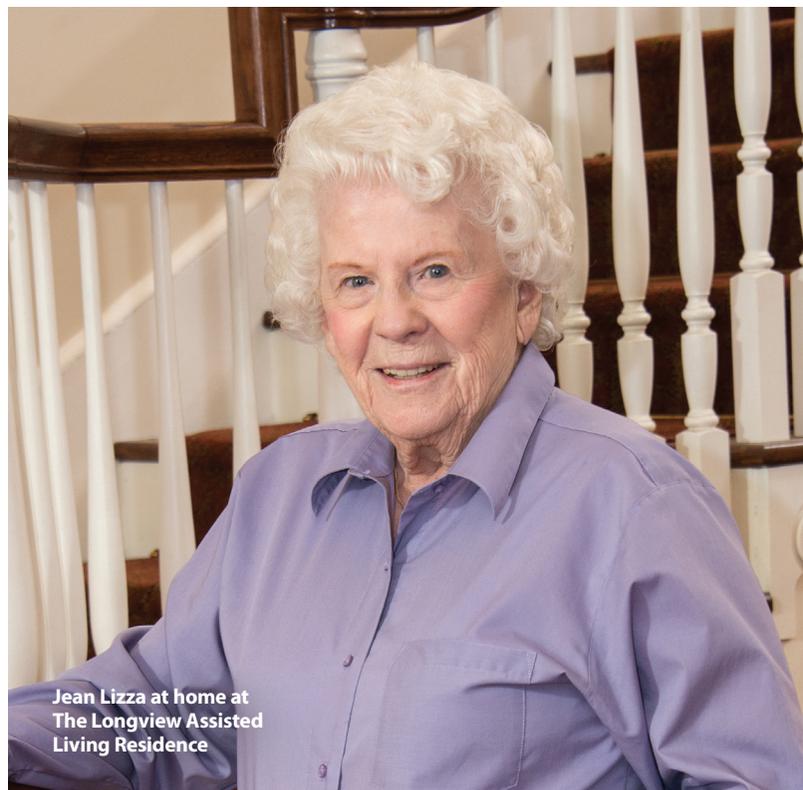


# Living at Longview: *“Everything I had hoped for.”*

Jean Lizza is partaking in two of her favorite pastimes – reading a good book while enjoying brilliant sunshine streaming through her picture window – in the comfort of her home at The Longview Assisted Living Residence.

“I love my room, and I love the view,” says the 89-year-old, who moved to Longview at Christian Health Care Center two years ago.



Jean Lizza at home at  
The Longview Assisted  
Living Residence

Longview provides personalized care in a secure environment that supports and fosters each individual's maximum level of independence, while also providing needed assistance with activities of daily living, such as bathing, dressing, and medication reminders. Residents can choose from an extensive list of services and amenities, enabling them to get exactly the help they need to remain as independent as possible. Each resident enjoys an apartment, as well as common areas that promote socialization and a sense of community.

A Child Day Care Center, located on the lower level, provides opportunities for residents to enjoy intergenerational programs. Residents also have access to an on-site Wellness Center for physical, occupational, and speech therapy, and a professional suite for physician appointments. This year, Christian Health Care Center's Annual Fund is designated to help renovate and refurbish Longview.

**Many years ago, Mrs. Lizza told her three sons that if she could no longer take care of her house — or wanted to take care of her house — she planned to move to Longview.**

“I had never visited Longview,” she says, “but I had heard about it and knew about its reputation.”

Mrs. Lizza, a Bayonne native, met her husband Arthur while she was working as a legal secretary at a Jersey City law firm. After they

were married, they moved to Ho-Ho-Kus. There, Mrs. Lizza took on a new role as a full-time mother. Mr. Lizza passed away in 1991, and Mrs. Lizza decided to move to a townhouse in Mahwah.

About four years ago, Mrs. Lizza made her first visit to CHCC as a short-term rehab patient on The David F. Bolger Post-acute Care Unit (PACU) following hospitalization for a cardiac condition. Immediately following a second PACU stay a short time later, she moved to Longview.

At Longview, Mrs. Lizza enjoys bingo (“for the social aspect”) and volleyball (“We have a hilarious time!”). Mostly, she enjoys the rest and relaxation that come along with life at Longview.

**“I’m very relaxed at Longview, and I’ve made some nice friends,”** Mrs. Lizza says. **“I’m very happy living here. It’s everything that I had hoped for.”**

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*For more information about The Longview Assisted Living Residence, call (201) 848-4463, email [khockstein@chccnj.org](mailto:khockstein@chccnj.org), or visit [ChristianHealthCare.org](http://ChristianHealthCare.org).*

*To support the 2015 Annual Fund, call (201) 848-4312 or visit [ChristianHealthCare.org/Foundation/AnnualFund](http://ChristianHealthCare.org/Foundation/AnnualFund).*