

Seniors *Flourish*

at The Courtyard at The Longview
Assisted Living Residence

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— Gertrude Palmieri

Gertrude Palmieri greets visitors to her home at the Courtyard at The Longview Assisted Living Residence with a warm, welcoming smile. Despite her busy schedule – she is currently between activities – she gladly makes time to chat about life at the Courtyard.

“I’m very happy here,” Mrs. Palmieri says. “The residents are very nice. The staff is very attentive to our needs, and we are kept busy all day. I like to keep active as much as I can and remain as independent as much as I can.”

Mrs. Palmieri has lived at the Courtyard for three years. The residence is home for individuals in the early stages of dementia and memory loss. Geared toward fostering ability and independence, the Courtyard design considers safety, comfort, dietary needs, and mobility. Special programs and facilities help reduce

dementia-related anxiety and enhance memory. The Courtyard is part of Longview, Christian Health Care Center’s (CHCC) assisted-living residence.

A Jersey City native, Mrs. Palmieri worked for Bell Atlantic for 45 years. She met her husband Joseph on a blind date. The couple, who were married for 57 years, resided in Union City before moving to Siena Village in Wayne several years ago. He passed away in 2010, and a few months later, Mrs. Palmieri moved to Longview.

“Gertrude and Joseph lived a happy, but private, life together. After he died, she was left with no children or other family. She made the decision to move to Longview with the support and encouragement of a friend she met at Siena Village,” says James Carroll, Esq., Mrs. Palmieri’s sponsor.

When Mrs. Palmieri moved to Longview, which together



Gertrude Palmieri

with the Courtyard will benefit from CHCC’s 2015 Annual Fund, she was experiencing some mental-health difficulties.

“She had recently lost Joseph. She was feeling lost and not sure how to fit in. She was lonely and depressed, and experiencing some episodes of confusion. The care team recommended a move to the Courtyard,” says Ellen De Bel, RN, C-AL, Longview’s Director of Health Services. “Since she’s moved, Gertrude is a different person. She’s opened up. She’s bright, cheerful, and very alert. The structured environment of the Courtyard has enabled her to be herself. She is truly flourishing.”

Mr. Carroll praises the opportunities for Mrs. Palmieri to grow and thrive socially at

the Courtyard, while having peace of mind in knowing that her medical and personal-care needs are being met.

“Christian Health Care Center is widely regarded as the gold standard for facilities providing rehabilitative and long-term care for seniors, and Longview and the Courtyard live up to that well-deserved reputation,” Mr. Carroll says.

“I especially appreciate that as a non-profit organization, the Center is able to put all of its financial resources to use in providing the best possible care, staff, and environment.”

For more information about Longview and the Courtyard, call (201) 848-4463, email khockstein@chccnj.org, or visit ChristianHealthCare.org.