

# Press Release



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## **Christian Health Center Professionals to Present at Lecture Series**

### **Care Conversations: Our Aging Parents**

Christian Health Care Center (CHCC), Van Dyk Health Care, The Wyckoff Family YMCA, and the Wyckoff Board of Health are jointly presenting the second in a series Care Conversations: Our Aging Parents ... “Family Dynamics” from 7 to 8:30 p.m., Tuesday, November 12, at the Wyckoff YMCA, Lower Level PR5, 691 Wyckoff Ave., in Wyckoff. Panelists are Barbara Lankelis, LCSW, Therapist, Christian Health Care Center, Wyckoff; Sr. Arlene Kollar, Our Lady of Consolation Church, Wayne; Rev. Jim Knol, LCSW, Clinician and Chaplain, Christian Health Care Center. The Moderator is Denise Dunlap Ratcliffe, LNHA, Executive Vice President and COO, Christian Health Care Center.

Ms. Lankelis joined CHCC in 2001 and provides psychiatric/counseling services to both individuals and groups at Christian Health Care Counseling Center, CHCC’s outpatient clinic. Her areas of specialization include treating the developmentally disabled, couples, people with eating disorders, geriatrics, and families. A licensed clinical social worker, Ms. Lankelis holds a bachelor of science degree in allied health

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from Montclair State University and a master's in social work from Fordham University, Bronx, NY.

Rev. Knol joined CHCC in 1991 and serves as the Director of Pastoral Care, where he oversees the chaplaincy ministry, inpatient mental-health counseling, and pastoral-resourcing efforts. He received his master's of divinity from Western Theological Seminary. While completing his residency in chaplaincy training, he developed a pastoral-care model for addressing the needs of patients admitted to a hospital for both psychiatric and medical emergencies. He completed his master's in social work at Rutgers University, receiving the Excellence in Clinical Practice award. Since then, he became a licensed clinical social worker, incorporating mental-health theory and practice into his pastoral-care work. He has served in leadership roles within the Reformed Church in America and currently serves on the Board of Trustees of the Love Fund of Wyckoff.

Ms. Ratcliffe joined CHCC in 1990 and is responsible for daily operational oversight of the entire Center, including more than 850 employees and 85 physician partners. Prior to her position at CHCC, Ms. Ratcliffe was the Administrator at Change Bridge Inn in Montville and Area Director for Continental Medical Systems Inc., with oversight of four NJ-based skilled-nursing facilities. A licensed nursing-home administrator, she holds a bachelor of science degree in management from Rider

University School of Business, Lawrenceville. Ms. Ratcliffe is a member of the

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American College of Health Care Administrators and a recipient of the college's Distinguished Health Care Professional award. She serves on the Executive Board and several committees of the Health Care Association of NJ. Additionally, Ms. Ratcliffe has served on committees for the New Jersey Hospital Association, American Health Care Association, and Leading Age. Ms. Ratcliffe also serves as the Vice Chair of the Valley Home Care and Hospice Board of Trustees and is Vice Chair of the Reformed Church in America Board of Benefit Services, Grand Rapids, MI.

“We are fortunate to have so many talented staff at Christian Health Care Center who can lend their expertise on a variety of topics,” said Douglas A. Struyk, CPA, LNHA, CHCC President and CEO. “We look for opportunities to partner with other organizations to provide education and services to the community.”

The panel of experts will answer questions about the topics you want to learn about: The challenge of "parenting your parents;" having difficult conversations (giving up the car keys, living wills, finances, etc.); the Sandwich Generation - caring for your children, spouse, and parents; when siblings disagree; dealing with guilt; and managing the holidays.

Pre-registration is required. Register at [www.ouragingparents.eventbrite.com](http://www.ouragingparents.eventbrite.com) or call Cindy at (201) 891-7000, ext. 304. Please provide specific questions or topics at the time of registration to assure that the panel addresses the topics most pertinent to our audience. Our format will devote most of our time together to question and answer sessions.