







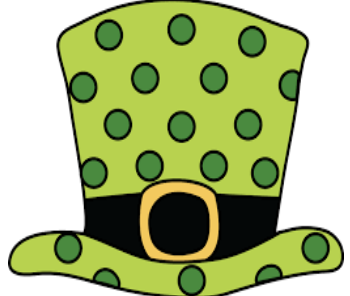


SOUTHGATE MAIN LOUNGE MARCH 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:30 Fun & Fitness 11:00 Guess the Year 11:30-11:45 Morning Prayers & Songs 2:30 Worship Service (AUD) 	2 10:30 Chair Dancing Exercise 11:00 Complete the Phrase 11:30-11:45 Lands & Travels: Ireland 2:15 Bocce Ball 3:00 Ball Room Dancing Videos 4:15-4:45 Friendly Visits	3 10:30 Morning Stretch 11:00 Bowling 11:30-11:45 Golden Oldies Music 2:30 Catholic Mass (AUD) 4:15-4:45 Roll The Dice, Break The Ice	4 10:30 Art with Christina 11-11:30 Art Appreciation: "Michelangelo" 12:00 St. Patrick's Day Luncheon 2-3 Menu Planning & Music 3:00 Food Network: "Giada at Home, Just Desserts" (YT) 4:15-4:45 IN2L Games-Family Feud and The Price is Right	5 10:30 Amazing Candy Art Around the World 11:00 Chaplain Time 11:30-11:45 African American Women In Jazz & The Arts 2:15 Touch of Lavender with Serene Sounds of Nature 4:15-4:45 Friendly Visits	6 10:30 Seniors In Motion Exercise 11:00 Flip Flop Game 11:30-11:45 American's Funniest Home Videos 2:15 Ring Toss 3:00 Nature in Winter Time 4:15-4:45 Coffee and Conversation 	7 10:30 Sweating To the Oldies 11:00 Twister Bean Bag Toss 11:30-11:45 "Life with Elizabeth" (Betty White) 2:00-3:30 Piano Performance (AUD)
Daylight Saving Time 8 10:30 Fun & Fitness 11:00 Who Am I? Game 11:30-11:45 Morning Prayers & Songs 2:30 Worship Service (AUD) 	Purim Begins 9 10:30 Jazzercise 11:00 Wheel of Fortune 11:30-11:45 Travel The World with Google Earth 2:15 Grandma's Kitchen: Potato Chip Clusters 3:00 Food Network Videos 4:15-4:45 IN2L: Geography Bee 	10 10:30 Morning Stretch 11:00 Baseball Spin Game 11:30-11:45 Name That Tune 2:30 Worship Service (AUD) 4:15-4:45 Friendly Visits	11 10:30 Sensory and Stretches 11:00 Disk Drop Game 11:30-11:45 Milton Berle Show 2-3 Menu Planning & Music 3:00 Bienvenido's Amigos with Genny & Margarita 4:15-4:45 IN2L Comedy: Ozzie & Harriet	12 10:30 Old Time Photos of Coney Island and Atlantic City Reminisce 11:00 Chaplain Time 11:30-11:45 Country Music Legends 2:15 BINGO 3:00 Travel to Nebraska 4:15-4:45 Friendly Visits 	13 10:30 Balloon Volley with Big Band Music 11:00 Mad Libs 11:30-11:45 Wellness for Life 2:15 Birthday Party with Jerry Castaldo (AUD) 4:15-4:45 Being Crafty: Pom Pom Owls	14 10:30 Rhythm Time Stretch 11:00 Name 5 Game 11:30-11:45 Architecture & History: The Taj Mahal 2:30 Waldwick Church Musical Performance (AUD)
15 10:30 Exercise To Energize 11:00 Target Toss 11:30-11:45 Words of Hope 2:30 Worship Service (AUD)	16 10:30 Noodle Stretches 11:15 Matching Game 11:30-11:45 Classic Movies: Famous Quotes and Clips 2:15 Spa Day with Lavender Aromatherapy 3:00 Ball Room Dancing Videos 4:15-4:45 Friendly Visits	St. Patrick's Day 17 10:30 Ball Toss 11:00 Matching Shamrocks 11:30-11:45 Irish Music & History 2:30 Worship Service (AUD) 4:15-4:45 Art Therapy with Gabby 	18 10:30 Rock & Roll Fitness 11:00 Person, Place or Thing Game 11:30-11:45 60's Sing-Along 2-3 Menu Planning & Music 3:00 Food Network: "Giada at Home, Just Desserts" (YT) 4:15-4:45 Friendly Visits	Spring Begins 19 10:30 Amazing Gardens Around the World 11:00 Chaplain Time 11:30-11:45 African American Women In Jazz & The Arts 2:15 BINGO 4:15-4:45 Spring Facts and Trivia	20 10:30 Stretching to the Oldies 11:00 Table Games & Puzzles 11:30-11:45 Would You Rather 2:15 Ring Toss 3:00 Beautiful Spring Scenery and Music 4:15-4:45 IN2L-Tell Me a Joke	21 10:30 Fun with Fitness 11:00 Whiteboard Games 11:30-11:45 Nature and History 2:15 Men's Club with Nick 3:00 Reminiscing: Types of Telephones & Alexander Graham Bell
22 10:30 Fit For Life Exercise 11:00 Truth Or Blarney? 11:30-11:45 People of Faith 2:30 Worship Service (AUD) 	23 10:30 Rhythm & Movement 11:00 Adult Coloring Pages with Calming Color Relaxation Video 11:30-11:45 Music Matters: Neil Diamond 2:15 Birthday Party with Janice 4:15-4:45 Craft Time: Butterfly Mosaic Sand Art	24 10:30 Balloon Volley 11:00 Bocce Ball 11:30-11:45 Golden Oldies Music 2:30 Worship Service (AUD) 4:15-4:45 Friendly Visits	25 10:30 Chair Dancing Exercise 11:00 Touch of Lavender with Colors of Spring Relaxing Video 11:30-11:45 Contemporary Art From Saudi Arabia 2-3 Menu Planning & Music 3:00 Bienvenido's Amigos with Genny & Margarita 4:15-4:45 Trivia on the IN2L	26 10:30 Music of Benny Goodman 11:00 Chaplain Time 11:30-11:45 John Denver Greatest Hits 4:15-4:45 Art Therapy with Gabby 2:15 Twister Bean Bag Toss 3:00 Travel Guide: Greenland	27 10:30 Moving to Music 11:00 Frisbee Toss Game 11:30-11:45 Spring in the National Parks 2:15 Activities For The Soul 3:00 Proverbs, Sayings, and Phrases 4:15-4:45 Pocket Pack: Add 'Em Up Dice Game	28 10:30 Men's Club with Jeremy 11:00 Greatest Baseball Players of the 1950's (YT) 11:30-11:45 Bluegrass and Country Music 2:15 Entertainment with Ray Corbo
29 10:30 We Got the Beat! 11:00 Bowling 11:30-11:45 Devotions to Inspire 2:30 Worship Service (AUD)	30 10:30 Wellness Fitness 11-11:45 BINGO 11:30-11:45 Panoramic Portland 2:15 Grandma's Kitchen: Making Brownies 3:00 Food Network Videos 4:15-4:45 Friendly Visits	31 10:30 Rhythm Time Stretch 11:00 Fill in the Phrase 11:30-11:45 Earth's Natural Wonders 2:15 Worship Service (AUD) 4:15-4:45 IN2L Slideshows: Around The World				<p>*Activities take place in Main Lounge unless otherwise noted*</p> <p>*Activities are subject to change and/or cancellation</p> <p>(AUD) = De Young Auditorium (ML) = Main Lounge (YT) = You Tube</p>