Welcome to March!

Monday:
10:30– Ball Toss Exercise
11:00– March IQ, Famous March Birthdays & Searching for March
1:00– NEW! Group Painting Class w/ Local Artist, Dorothy Morton from “Morton’s Masterpieces”

Tuesday:
10:30– Exercise
11:00– “Name” That Tune
11:30– “Name” Word Chain Game
1:00– Making Mint Shakes w/ “Name” Brand Food Discussion

Wednesday:
March is Social Worker’s Month
10:30– Exercise through the Seasons
11:00– All About March Trivia
11:30– March Categories
1:00– MARCH Bingo

Thursday:
10:30– Piano & Pet Therapy Visits w/ Linda D. & her certified dog, Gavin
11:00– Richard Simmons Fitness Trail
11:30– Mixed–Up Farming
1:00– Woodworking Painting Class

Friday:
10:30– Celebrate Your Name Week!
11:00– Zumba Exercise w/ Zumba Instructor, Nicole R.
11:30– “Name” Babies and Pets A-Z
1:00– “Name” Games

10:30– Songs You Know and Love with Pianist, Sue C., Volunteer
11:00– Exercise
11:30– Fill In the Blanks
1:15– NEW! Pony Therapy w/ a Miniature UK Shetland Pony from “Personal Ponies”

16– Irish American Heritage Month & Getting Ready for St. Patrick’s Day!
10:30– Pass the St. Patty’s Hat Exercise
11:00– Famous Irish Folks– Who Am I?
1:00– It’s Not Easy Being Green
1:30– Going Green Word Search

17– St. Patrick’s Day: Wear Green today!
10:30– St. Patrick’s Day Jig Exercise
11:00– St. Patrick’s Day Rhyme Time
11:30– St. Patrick’s Day Word Puzzles
12:00– Traditional St. Patrick’s Day Lunch
1:00– Remembering the Luck of the Irish
1:30– Truth or Blarney

18– Basketball’s March Madness Began Yesterday
10:30– Imagination Exercise: Basketball Routines
11:00– Town Meeting w/ Amanda Z., Social Worker
11:30– March Madness Discussion
1:00– Basketball “HOOPS” Bingo

25– Medical Minutes w/ James, Nursing Director
11:00– Exercise
11:30– Which One Is Not Like the Others?
1:00– Family Feud

26– Baseball’s Official Opening Day
10:30– Strength Training Exercise
11:00– Mixed-Up Baseball
11:30– Baseball Wheel of Fortune
1:00– Run the Bases: Baseball Trivia

30– Anita the Hairdresser is here today
Joyealty debuted on NBC this date in 1964
10:30– Relaxation Ball Toss Exercise
11:00– Word Chain Game
1:00– Jeopardy

Daily Activities:
9:30– Morning News & Breakfast
10:00– Flag Salute, Lunch Menu, Weather, Daily Chronicle &Trivia
12:00– Lunch Time
12:30– Afternoon Stretch
2:00– Snack & Music Appreciation
*Colored Text May Indicate New, Themed or Special Programs*

March Birthdays:
1– Cathy W.
13– Bertha C.
20– John C.
27– George R.
31– Patty S. (Staff)

*Activity programs are subject to change.*