

Suburban News - Franklin Lakes
Bergen County
Paramus, NJ
Circulation: 11050
Frequency: Weekly
July 2, 2015

07/02/2015

Suburban News

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Paramus, N.J.

Weekly 11050

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GARDEN STATE

PRESS CLIPPING

Phone: 732-842-1616



PHOTO COURTESY OF CHRISTIAN HEALTH CARE CENTER

From left are CHCC staff members Carol Hertenstein, RN, Ramapo Ridge Psychiatric Hospital utilization review director; Sofia Magnifico, RN, BSN, Ramapo Ridge Psychiatric Hospital geriatric nurse manager; and Jamie Pesci, health information management director/privacy officer.

Employee health fair held at Christian Health Care Center

WYCKOFF - Christian Health Care Center (CHCC) in Wyckoff recently held an Employee Health and Wellness Fair for its more than 900 employees. Each year, Barbara Lucia, RN, BSN, LTC-SSC, CHCC's Employee Health Nurse, with support from an employee Health and Wellness Committee, organizes

the event.

"Overall, it's a wonderful day full of valuable information and great networking for our employees who work so diligently to uphold the excellent standards of the Center," said Lucia.

The theme was "Go Green and Eat Clean in 2015 ... From Farm to Table." The event fea-

tured more than 40 community vendors providing a range of health and wellness information and activities, including nutrition, fitness, health screenings, massage therapy, bone density, spiritual care, Reiki, skin care, breast cancer awareness, suicide prevention, yoga, podiatry and reflexology.