Press Release



301 Sicomac Avenue Wyckoff, NJ 07481 (201) 848-5200 ChristianHealthCare.org

CONTACT: Melanie Anthony

PHONE: (201) 848-5921

FOR IMMEDIATE RELEASE

May 15, 2017

Christian Health Care Center's 28th Annual Golf Classic Features Golf & Yoga!

Wyckoff, NJ ... Christian Health Care Center (CHCC), headquartered in Wyckoff, will hold its 28th Annual Golf Classic on Monday, June 12, 2017, at the Knoll Country Club West in Parsippany (GPS address: 12 Knoll Lane, Boonton, NJ). This year, CHCC introduces yoga, a women's golf clinic, a health & wellness showcase, and a 9-hole golf play to its traditional day of golf, fun, and fellowship.

Two shotgun starts are offered beginning promptly at 7:30 a.m. and 1 p.m. The 18-hole Golf Package starts at \$275, which includes greens fees, continental breakfast at 7 a.m., a golf cart, putting contest, barbecue lunch starting at 11:30 a.m., hole-in-one cars, dinner and awards program beginning at 6:30 p.m., golfer's gift, and door prizes.

New this year is a 9-hole Golf Package for \$175 and includes greens fees, golf cart, putting contest, hole-in-one cars, golfer's gift, and barbeque lunch. Registration is at 9 a.m. for a 9:30 a.m. tee-off. Also new this year is a health and wellness showcase; 75-minute customized yoga session appropriate for all skill levels provided by Michele

MORE

O'Shea, owner of O'Shea Yoga, Wyckoff; and 90-minute golf clinic instructed by Knoll Country Club Golf Pro George Ancuta. This package is \$100 and includes dinner and door prizes. You are encouraged to bring your own yoga mats and clubs, but if you do not have any, they will be provided for you.

"We are excited to partner with Christian Health Care Center and its 28th Annual Golf Classic," said Michele O'Shea, owner of O'Shea Yoga in Wyckoff. "Introducing yoga as a new component this year adds to the Center's health, healing, and wellness mission. Our customized yoga session will be appropriate for all skill levels and will contribute well to golfers of every stage, age, and gender. As a Wyckoff business, we share in the Center's commitment to caring for the community and look forward to deepening our partnership with Christian Health Care Center."

Sponsorship opportunities at various levels are available, but going quickly. The day's schedule and registration is available online at ChristianHealthCare.org/Golf. For more information about sponsorship opportunities, event details, or other ways to support this event and CHCC, contact Darcy Bickert, Foundation Assistant Director, at (201) 848-5796 or dbickert@chccnj.org.

Proceeds from the 28th Annual Golf Classic will support Christian Health Care Center's 2017 Annual Fund.

Douglas A. Struyk, CPA, LNHA, CHCC President and CEO, said, "Our 28th Annual Golf Classic will be a valuable opportunity for our many friends in the

community to support the needs of those we serve. Every year, this event offers our supporters a great day of golf and fellowship, and we are so thankful for their gifts to CHCC."

Each year, volunteers from the Golf Classic Committee organize the annual outing for CHCC. The committee is co-chaired by Rick De Bel and Edward Nieuwenhuis Jr., DPM. Committee members are Darcy Bickert, John Gunther, Bill Haggerty, Don and Marion Klingen, Julie Lee, Bill Munn, and Gordon Stanley.

Michele O'Shea is the owner of O'Shea Yoga, a boutique studio, located in the heart of Wyckoff. She is a certified Yoga Teacher with close to 500 hours of Teacher Training and is registered with the Yoga Alliance. She discovered yoga during her first trip to India in 2012 and has been fully immersed in it since then. In addition, Ms. O'Shea is a Professional Life Coach in her 10th year of private practice. She specializes in self-esteem enhancement.

###