## Press Release



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FOR IMMEDIATE RELEASE

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## Christian Health Care Adult Day Services of Wayne Enjoyed Educational Activity

Wayne, NJ ... During a very special educational activity, clients of Christian Health Care Adult Day Services of Wayne observed the metamorphosis of butterflies. They raised caterpillars and watched them grow 10 times their size until they become chrysalides. After a week of observation in their cocoons, the butterflies emerged, and clients and staff enjoyed the beauty of the painted butterflies in a butterfly pavilion.

"After a few days of feeding the butterflies fruit and nectar, we had a butterfly release on our patio," said Teela Ferriola, Christian Health Care Adult Day Services of Wayne Assistant Administrator/Activities Director. "We shared more butterfly education and watched as the butterflies flew away. All of the clients were intrigued watching the different phases of metamorphosis and felt a sense of pride and awe to see the butterflies released."

With locations in Wyckoff and Wayne, Christian Health Care Adult Day Services is an active program designed to help seniors maintain independence and improve their quality of life, while also offering a welcome respite for their caregivers. In our safe, friendly environment, participants can receive medical care, nutrition services, social services, pastoral

care, and personal-care services. In addition, planned activities and recreational programs encourage socialization and engagement, both of which have been proven to help keep the mind sharp.

For more information about Christian Health Care Adult Day Services, call (201) 848-4463 or email khockstein@chccnj.org.

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Pictured, from left, are Teela Ferriola, of Oak Ridge, Christian Health Care Adult Day Services Assistant Administrator/Activities Director, and client Wenona Martinez of Bloomingdale.